



June 2026 - eBulletin

Upper Valley Lake Sunapee Regional Planning Commission

The UVLSRPC newsletter returns this month as summer arrives in the Upper Valley. The work never stops here at the RPC -- the eBulletin has everything you need to stay in the loop!

In this issue:

- **UVLSRPCorner** - Learn about an ongoing staff project!
 - See our 2026 HHW Collection Days
 - Volunteer Drivers Needed in Sullivan County
 - Register now for a June Mobility Workshop series
 - Goshen Hazard Mitigation Survey
 - And more!
-

UVLSRPCorner

*Join us every month in the **UVLSRPCorner** to learn more about our projects and the staff behind them!*

This month: USDA Grant

Late last year, UVLSRPC received grant funding from the USDA to continue our work with solid waste management. The ongoing goals we continue to achieve with this grant include: organic waste reduction and education by advancing municipal, home, and school composting, school chemical safety education through webinars, household hazardous waste collections, and waste management technical assistance training.

We have some exciting events happening going into the spring and summer months through this grant! UVLSRPC staff will be attending outreach events at Farmers' Markets and Old Home Days to talk about compost, hosting household hazardous waste collections for our communities, assisting with school chemical safety webinars, and more! Please visit uvlsrpc.org/environment/household-hazardous-waste/ for more information.

If you'd like to learn more about this grant and our work, contact Vickie Davis (vdavis@uvlsrpc.org), Tim Josephson (tjosephson@uvlsrpc.org), or Grace Jackson (gjackson@uvlsrpc.org).

More UVLSRP News

Staff Update!

UVLSRPC would like to announce a new addition to our team! Will Cleaveland recently graduated from the University of New Hampshire with a degree in Community and Environmental Planning, and has previously interned with UVLSRPC over the past two summers where he helped with traffic data collection and culvert mapping. Will is excited

to continue working to tackle some of the most pressing issues our region faces such as flood mitigation, housing, and transportation. In his free time Will likes to hike, bike, kayak, and take photos with his drone!



UVLSRPC Community Transportation Champion

Planner Tim Josephson was presented with the Community Transportation Champion Award at the 2026 State Coordinating Council Annual Conference! This year's conference theme brought together transportation professionals, partners, and stakeholders from across New Hampshire for a full day of learning, collaboration, and discussion on the issues shaping community transportation. Congratulations Tim!



UVLSRPC Landscaping Study

UVLSRPC's recently assisted with a landscaping study for a water erosion control project in Moody Park in Claremont, NH, and at Wilmot Town Hall in Wilmot, NH. This water erosion control project was completed in early May 2026 and was funded by the New Hampshire Charitable Foundation (NHCF), who generously donated private and volunteer time.

Moody Park:

With the help of students from the Tech, Mike Theroux, and John Lambert, the water erosion control project in Moody Park is complete. The two rubber water bars will direct water in trouble areas off to the side of the path to a slightly lower depressed area that will allow it to soak into the ground with out causing further damage.

This project aimed to improve stormwater management and runoff within the two areas. In Moody Park, water scoured the gravel and created channelized flow, some of which ended up onto the Indian Trail Connector. The improvements at Moody Park includes breaking up the various watersheds and regrading the areas to achieve sheet flow as opposed to channelized flow. Implementing sheet flow was done by adding water bars across the road and pitching them in a way where the amount of water flowing would be greatly reduced, thus allowing for regrading. The materials were sourced from local stores and recycled conveyer belting found here: [Water Bars: DIY Using Conveyor](#)

Langley Park:

At the Wilmot Town Hall Park, there was stormwater runoff from both North Wilmot Rd and NH Route 4A. This runoff often held sand, salt, and sediment which led to difficulties maintaining a healthy turf area. The proposed improvements included removal of the existing turf and sediment buildup, and adding a bio-retention soil mix at the sediment area to create a turf sediment basin. This turf sediment basin would also be backed with a vegetated berm planted with low growing native vegetation, sourced from Spring Ledge Farm. The soil used allows for greater infiltration of water while allowing grass to grow.

UVLSRPC and the Thriving Communities project program would like to thank the NHCF for their support and contribution to the completion of this water erosion control project.



Your copy should address 3 key questions: Who am I writing for (audience)? Why should they care (benefit)? What do I want them to do (call-to-action)?

Create a great offer by adding words like "free," "personalized," "complimentary," or "customized." A sense of urgency often helps readers take action, so consider inserting phrases like "for a limited time only" or "only 7 remaining!"

UVLSRPC Data Collection

UVLSRPC offers data collection and assessments of various roadway infrastructure for towns. Assessment criteria was created in collaboration with NH Department of Transportation (**NHDOT**), UNH T2, the Regional Planning Commissions, and other State agencies. Data collected can be utilized to create long-term maintenance plans, understand forecasted improvement costs, identify priority vulnerable infrastructure, as well as be used to support grant applications.

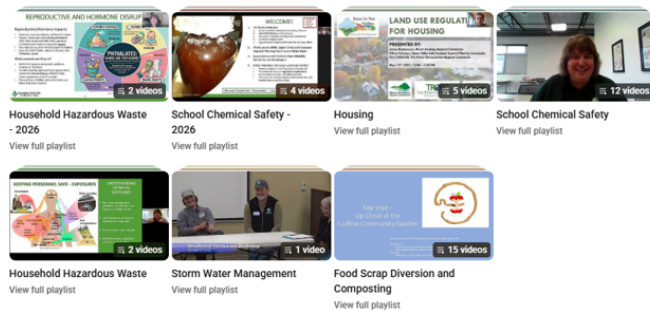
UVLSRPC currently offers data collection and assessment for:

- Stream Crossings/Culverts
- Drainage Culverts
- Pedestrian Facilities (e.g. crosswalks, sidewalks, bike lanes)
- Pavement Road Surface Management and Maintenance Forecasting

UVLSRPC has some funding to provide cost share opportunities for member communities on a first come first served basis. Please reach out to Ian Garland at igarland@uvlsrpc.org for more information!

Check Out the UVLSRPC YouTube Page

Have you seen our YouTube channel? Just click here [Upper Valley Lake Sunapee RPC - NH - YouTube](#) and see our playlists of webinars and videos as shown below:



- 2026 HHW Webinars: Everyday Toxic Products, High Hazards at HHW Collections
- 2026 School Chemical Safety Webinars: Four webinars are uploaded and more will be added as they are presented later this year. You can find additional information below!
- 2025 School Chemical Safety Webinars: 12 webinars with chemist Becky Andersen of Hazardous Materials Consulting
- 2025 HHW Webinars: HHW Coordinator Trainings
- 2023 Residential Stormwater Education in Claremont
- 2020 Food Scrap Diversion and Composting Webinars

Emergency Preparedness

If you'd like to sign up to receive alerts about hazardous weather in your area, visit [NH Alerts](#) and enter your email and/or phone number.



Transportation

Volunteer Drivers Needed!

Volunteer Drivers needed in Sullivan County! If you would like to help your fellow community members with appointment needs outside of the regular bus routes, please consider becoming a Volunteer Driver with Sullivan County Transportation. In 2025, the Volunteer Driver program had a total of 2,354 one-way trips that were requested, and 1,859 of those one-way trips were fulfilled. On average, 80% of the one-way rides requested last year were fulfilled.

Volunteer Drivers receive training and professional development as well as mileage reimbursement at 67 cents per mile. Volunteers decide what rides to accept and make their own schedule.

Please contact Terri Curtis, Volunteer Driver Program Coordinator, for more information: 603-542-9609 or tcurtis@scshelps.org

Making Connections: A 4-Part Mobility Workshop for Older Adults

Making Connections is for people interested in helping solve transportation and mobility challenges facing older adults. Take a journey through time to understand why many of us are car dependent and what can be done to improve options for those who no longer drive or who drive less. John Haffner, UVLSRPC's Regional Planner, Mark Bradley, Bugbee Senior Center's Executive Director, and Jacopo Montobbio, Vital Communities' Transportation, Climate & Energy Program Associate will be facilitating this workshop.

Participants will learn key concepts of healthy and age-friendly community design, share their own experiences, get tips on mobility options in the Upper Valley, and dig into ideas for advocacy and action.

This 4-part mobility workshop will be held Mondays in June, from 10am-2pm at the Kilton Library in West Lebanon. This workshop will start Monday, June 1st and continue on the following dates:

- Monday, June 15. 10:00am-2:00pm. Workshop 3: Becoming a mobility advocate.
- Monday, June 22. 10:00am-2:00pm. Workshop 4: Field Trip & community observations

For more information, please visit [Bugbee's Senior Center webpage here](#).

To register, [click here](#).

Registration Now Open for Trans-NH Annual Bike Ride

The Trans-NH Bike Ride is a fully supported 1, 2, or 3-day exploration of New Hampshire roads, scenery and fire stations. Its mission is to raise funds and awareness for people living with muscular dystrophy, ALS, and related neuromuscular diseases. This is your opportunity to explore different areas of beautiful and scenic New Hampshire supported by a 5-star volunteer crew, comfortable accommodations, and a welcoming community that rides for a great cause.

The ride will take place over the course of June 26-28th.

- Day 1 will start in Beecher Falls VT, and end in Littleton, NH.
- Day 2 will start in Littleton, NH and end in West Lebanon, NH.
- Day 3 will start in West Lebanon, NH and end in Concord, NH.

To learn more about the route details and register, [click here](#).

Environment and Energy

School Chemical Safety Trainings

The Commission is working with Becky Andersen of Hazardous Materials Consulting in Iowa again for school chemical safety training. This is a great opportunity for your schools to obtain the training now required to create and implement chemical hygiene and safety plans. Becky is a talented and experienced trainer with hands-on experience working with hazardous materials in schools and industry. The feedback from previous participants included comments to bring Becky back—and that's what we're doing.

We will have several webinars to teach school staff about chemical safety basics and how to write and enforce the State-required Chemical Safety Hygiene Plans. All schools are required to have these plans to address chemical safety in all classrooms, not just

the laboratory. This includes many art classrooms and custodial closets. An additional webinar will address PCBs and vapes in schools.

To learn more about the school chemical safety webinars and to register, please click here or go to <https://tinyurl.com/SchChemSafety>. All webinars will be recorded for future training tools.

Live webinars will be the following Tuesdays from 10:00 – 11:30 AM.

1. Documentation Requirements – 7/14/26
2. Writing the Chemical Hygiene & Lab Safety Plan (Part 1) – 8/4/26
3. Writing the Chemical Hygiene & Lab Safety Plan (Part 2) – 8/18/26
4. Implementing Classroom Standard Operating Procedures – 9/15/26
5. PCBs and Vapes/E-Cigarettes in Schools – 9/29/26

Contact Victoria Davis at vdavis@uvlsrpc.org for more information.



School Chemical Safety Webinar Series

PROVIDED BY THE UPPER VALLEY LAKE SUNAPEE
REGIONAL PLANNING COMMISSION

MARCH 10 | MARCH 24 | APRIL 7 | APRIL 14 | JULY 14

AUGUST 4 | AUGUST 18 | SEPTEMBER 15 | SEPTEMBER 29

**ALL WEBINARS WILL BE HELD 10 - 11:30 A.M., INCLUDING Q&A
REGISTER AT [HTTPS://TINYURL.COM/SCHCHEMSAFETY](https://tinyurl.com/schchemsafety)**

2026 Household Hazardous Waste Collection Days

UVLSRPC contracts with a hazardous waste disposal service to collect household hazardous waste from towns throughout our region. These collections happen several times in varying locations throughout the year. Many towns choose to cover the cost of disposal for their residents, so if your household is located within one of these towns listed below then the collection is free.

If you do not live in one of the listed towns, then there is a \$35 fee to dispose of up to 25 pounds or 5 gallons of waste. **ALL BUSINESSES MUST PRE-REGISTER 2 WEEKS BEFORE EVENT BY CALLING 603-448-1680 OR EMAILING TJOSEPHSON@UVLSRPC.ORG FOR A PRICE QUOTE. NO EXCEPTIONS.**

Residents with more than 5 gallons/25 pounds of household hazardous waste may be charged a fee for the excess depending on the amount of waste brought to the collection. Please call to pre-register and get a price quote if you have a large amount of HHW materials.

All payments must be cash or check made out to UVLSRPC. No credit cards are accepted at HHW events. **NO BATTERIES WILL BE ACCEPTED AT HHW COLLECTIONS THIS YEAR. THIS INCLUDES LITHIUM-ION RECHARGABLE BATTERIES. CONTACT YOUR LOCAL TRANSFER STATION FOR PROPER DISPOSAL.**

2026 Collection Days: **All collections are 9am-Noon**

- Friday, July 10th, Grantham: Town Offices, 300 Route 10 South
- Saturday, August 8th, Newbury: Highway Garage, 50 South Rd
- Saturday, September 26th, Lebanon: DHMC Lot 27, 52 Labombard Rd

Contact Tim Josephson (tjosephson@uvlsrpc.org), or visit uvlsrpc.org/environment/household-hazardous-waste/ for more information.

Household Hazardous Waste 2026 COLLECTION DAYS

**ALL COLLECTIONS
9AM TO NOON
RAIN OR SHINE**

 **SCAN FOR
MORE INFO**

Sat, May 2: **Lebanon**: DHMC Lot 27, 52 Labombard Rd

Sat, May 30: **Claremont**: Highway Garage, 8 Grandview St

Fri, July 10: **Grantham**: Town Offices, 300 Route 10 South

Sat, Aug 8: **Newbury**: Highway Garage, 50 South Rd

Sat, Sept 26: **Lebanon**: DHMC Lot 27, 52 Labombard Rd

UP TO 5 GALLONS/25 POUNDS FREE to residents from Canaan, Claremont, Cornish, Croydon, Enfield, Grantham, Goshen, Hanover, Lebanon, Lempster, Lyme, New London, Newbury, Newport, Orange, Orford, Piermont, Plainfield, Springfield, Sunapee, Unity, Washington, and Wilmot. (Other towns' residents welcome for a \$35 fee) **ALL BUSINESSES/ LANDLORDS & ANYONE with 5 gal/25lbs or more must pre-register 2 weeks prior for price quote**

WHAT TO BRING:

- Pesticides & Herbicides, Flea/ Tick Treatments
- Antifreeze, Dirty Gas & Kerosene
- Adhesives & Driveway Sealer
- Mercury Thermostats/ Thermometers
- Household Cleaners & Polishes
- Hobby & Pool Chemicals
- Lead Fishing Tackle
- Smoke Detectors
- Oil-Based Paint (NOT LATEX)
- Solvents, Varnishes, Stains
- Not sure? Contact us!

Vapes and other oddball items?
Call or email for more info to pre-register

WHAT NOT TO BRING

DO NOT BRING ANY BATTERIES TO HHW COLLECTIONS

Aerosol cans, empty: Recycle with scrap metal.

Ammunition and explosives: Call State Police at 271-3636.

Asbestos: Contact a licensed asbestos specialist.

Batteries, alkaline: Most non-rechargeable batteries (AA, AAA, C, D, and 9-volt) are trash in NH. Tape 9-volt terminals before disposal to avoid fire in your trash

Batteries, automotive: Take to auto parts store or your transfer station

Batteries, lithium-ion and all rechargeable: Take these to your town transfer station for proper disposal.

Fire extinguishers: Recycle empty extinguishers (NRRA takes from towns)

Fluorescent lights/ballasts: May be taken at your town facility. Check with your town. Food Co-ops and Home Depot may take CFLs (spiral bulbs), not tubes

Latex paint: Use kitty litter, sawdust, or shredded paper to dry out latex paint; throw in your trash. Empty, dry metal cans may be recycled as scrap metal at your recycling facility. If it says, "clean up with soap and water," it's latex

Medical sharps: Place in a rigid container (e.g. detergent bottle), seal cap with duct tape, and label container "**SHARPS — NOT FOR RECYCLING**" Dispose of with regular trash by handing to a waste collector — **do NOT throw in trash**

Medicine: See www.twinstatesafemeds.com for police stations taking meds

Propane or helium tanks: Contact town transfer station about empty tanks

Used motor oil: Take to town transfer station or a service station for recycling



Questions? Contact the Upper Valley Lake Sunapee Regional Planning Commission
(603) 448-1680 + tjosephson@uvlsrpc.org + <http://hhw.uvlsrpc.org>

Goshen Hazards Opinion Survey

Attention all residents of Goshen! The Hazard Mitigation Committee will be updating the Town's Hazard Mitigation Plan to inventory and evaluate potential hazards

such as flooding, severe winter weather, and infectious disease. It will also outline potential projects to reduce the impact of future hazards. The Committee wants to ensure Goshen residents are aware of hazard mitigation efforts and resources available to them as individuals.

It is important to hear from you!

Please [click this link](#), or scan the QR code on the flyer below to take the 5-minute survey. **The deadline is Monday, July 6th, 2026.**



GOSHEN HAZARD MITIGATION SURVEY

In 2026, the Goshen Hazard Mitigation Committee will be updating the Town's Hazard Mitigation Plan to inventory and evaluate potential hazards such as flooding, severe winter weather, and infectious disease. It will also outline potential projects to reduce the impact of future hazards.

The Committee wants to ensure Goshen residents are aware of hazard mitigation efforts and resources available to them as individuals.
It is important to hear from you!

How to complete the 5-Minute Survey:

- Use the link or QR Code below to take the survey on your device

Link to Survey: <https://arcg.is/14a4mW4>

QR Code to Survey:



Survey Deadline: Monday, July 6, 2026

Questions or More Information? Contact Committee:

Dan Scott at 603-454-8688 or email at
emd@goshennh.org

Community Happenings

NBRC Projects In the UVLSPRC Region - Valley Regional Hospital's Workforce Housing Renovation

Valley Regional Hospital in Claremont was awarded a \$500,000 Catalyst grant from the Northern Borders Regional Commission in 2023 to renovate the historic nurses' dormitory on their grounds and convert them into 8 housing units for visiting nurses. UVLSRPC, as the Local Development District (LDD) for the region, administered the grants and worked with Valley Regional through the process. The construction finished up last fall and all the spots were immediately filled.

This project added much-needed workforce housing for traveling nurses on a short-term basis with the average stay being 1-3 months. This opens up more housing in the region for longer term tenants. This also helps to provide quality medical care for people in the Claremont area by alleviating the challenges travel nurses face when coming to our region.

Find more information on the grant here: <https://vrh.org/northern-borders-workforce-development-grant/>, see pictures from the developer here: <https://fulcrum-nh.com/renovation-complete-fulcrum-creates-temporary-housing-for-valley-regional-hospital/> and see the news article featuring Congresswoman Goodlander here: <https://goodlander.house.gov/media/in-the-news/wcax-goodlander-tours-new-housing-for-claremont-medical-workers/>

NBRC funds projects in the states of Maine, New Hampshire, Vermont and New York to enhance community, economic vitality, and industry growth, centered in three areas: Catalyst (for transformative projects to stimulate economic growth), Forest Economy (to support the forest-based economy and grow innovation), and Timber For Transit (using forest economy products for transportation infrastructure projects).

If your municipality or organization is interested in funding available from the Northern Borders Regional Commission, visit nbrc.gov or talk to Tim Josephson at UVLSRPC tjosephson@uvlsrpc.org.



Borrow an E-Bike!

The Upper Valley E-Bike Lending Library is a free selection of four e-bikes of assorted styles and retail costs that has one- and two-week residencies in towns and workplaces throughout the Upper Valley. While the e-bike library is stationed at a particular lending location, people can try multiple bikes at "Demo Days" or sign up to borrow a single bike overnight to see how an e-bike might fit into your lifestyle. Book a bike [here!](#)

If you have any questions or concerns, please call Chris at 603-448-1680.

**Upper Valley Lake Sunapee
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